Dairy has become one of the most innovative and technologically advanced areas within agriculture in recent years. Review some of the great benefits that come with these technologies.

**TOP 10 Benefits**

**Benefit 1**
The U.S. dairy industry accounts for 3 million jobs.
Source: National Farmers Union

**Benefit 2**
Over the last quarter century dairy has reduced its carbon footprint by 63%, water usage by 65%, and methane production by 57%.
Source: Journal of Dairy Science

**Benefit 3**
Today the U.S. dairy industry produces more milk than in 1944 with 16 million fewer cows.
Source: Journal of Dairy Science

**Benefit 4**
The U.S. dairy industry accounts for 1% of GDP. For comparison, the entire automotive industry accounts for 2.7%.
Source: National Farmers Union

**Benefit 5**
97% of the over 34,000 U.S. dairy farms are family-owned and operated.
Source: US Dairy Alliance
Benefit 6
Dairy is an excellent source for 12 of the essential nutrients needed for life.
Source: Dairy Council of CA

Benefit 7
Dairies produce manure which is used as organic fertilizer. One 750 cow dairy farm can produce enough manure fertilizer to cover 2,700 acres.
Source: Dairy Cattle Extension

Benefit 8
Consuming dairy may help with heart health, lower blood pressure and a possible reduced risk of Type II Diabetes.
Source: American College of Cardiology

Benefit 9
New technologies allow farmers to capture methane and convert it into electricity.
Source: Bloom Energy

Benefit 10
Dairy is less reliant on the weather than other areas of agriculture. This allows for year round production and a reliable food source.
Source: Journal of Dairy Science