Why it’s deadly
Respirable crystalline silica dust particles are very small. You can be in danger even if you can’t see the dust. When you breathe dust that contains silica, the tiny particles damage your lungs.

You can get silicosis after just a few weeks of very high exposure. Even breathing small amounts over time can cause silicosis, lung cancer, or COPD. By the time it gets hard to breathe you are already sick. There is no cure for silicosis.

Employers must follow government exposure limits:*

- The Occupational Safety and Health Administration (OSHA) limits construction workers’ silica exposure to 50 micrograms per cubic meter (50 µg/m³ - the permissible exposure limit or PEL)
- The Mine Safety and Health Administration (MSHA) limits mine workers’ exposure to coal dust, which contains silica, to 1,500 micrograms per cubic meter (1,500 µg/m³).

*Sources: OSHA https://tinyurl.com/OSHA-1926-1153; MSHA https://tinyurl.com/MSHA-Silica

Protecting workers
An enclosed cab can protect the operator if it:

- Is kept as free as possible from dust, and has a properly working air filtration system that has a filter with an efficiency rating of 95% or higher (e.g., MERV-16). A higher rating means less dust can get through the filter.
- Is positively pressurized through the continuous delivery of fresh air. The pressure gauge in the cab should read between 0.05 - 0.25 inches of water (in.w.g. or in.H2O)
- Has a heating and cooling system with air circulation vents that create a one directional air flow, with discharge vents above the equipment operator and pickup vents low in the cab.
- Has a communication system that lets the operator talk to other workers without opening the window or door.
- Is regularly cleaned and properly maintained, including closing mechanisms, gaskets, and door and other seals.

For workers and bystanders outside the enclosed cab, water and/or dust suppressants can reduce exposure to silica and other dust.

If you think you are in danger:
Contact your supervisor.
Contact your union.
Call OSHA 1-800-321-OSHA

To learn more about silica exposure and working safely in an enclosed cab, visit:

- Work Safety with Silica - www.silica-safe.org
- NIOSH Mining Resources - https://tinyurl.com/NIOSH-Mining
- OSHA Silica in Construction Resources - https://tinyurl.com/OSHA-Silica

Employers must follow government exposure limits:*

To receive copies of this Hazard Alert and cards on other topics call 301-578-8500 or email cpwr-r2p@cpwr.com

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The risk

If you work in construction or surface mining and operate mobile equipment, you can be exposed to dangerous levels of silica dust. You are at risk when silica dust gets into the air you breathe inside the cab.

Breathing it can be deadly.

BEFORE WORK BEGINS...

1. **Air filtration system**
   - Inspect the system’s filters for damage or airflow bypass.
   - Notify your supervisor if the filter needs to be cleaned or replaced.

2. **Cab structure**
   - Inspect the cab daily for holes, gaps, and cracks around doors, windows, joints, power line entries, and controls. Use silicon caulk or rubber gaskets to repair and seal these areas. Notify your supervisor if a door gasket or window seal needs to be replaced.

3. **Air pressure**
   - Check the pressure gauge daily to ensure it works.
   - Monitor the pressure throughout the work shift to make sure positive air pressure is maintained in the cab and dusty air is kept out.

If you work in construction or surface mining and operate mobile equipment, you can be exposed to dangerous levels of silica dust. You are at risk when silica dust gets into the air you breathe inside the cab.